

DATE & TIME

Date: Wednesday, November 2

Time: 12:00-1:30 PM

Location: Zoom

REGISTER

DETAILS

Learning when and how to say 'no' can be a difficult task. What are boundaries? How do you have healthy, productive conversations about boundaries with your supervisor and other faculty members? Join us for this 90 minute workshop about setting boundaries as a graduate student. The presenters will work with our attendees to practice having conversations about setting healthy boundaries. We will also share university resources that can help you to succeed. Presentation will be via Zoom.

Presented by Dr. Schaad, CFAES Embedded Psychologist Dr. Tiffany Halsell, DEI Multicultural Student Initiatives Director Kayla Arnold, Graduate Education Program Manager

Workshop is hosted in coordination with the CFAES Office of Diversity, Equity and Inclusion, Research & Graduate Ed, and OSU Counseling and Consultation Services.

